

MATRE

Song: **Inside Out**

Album: **Easter Sunday**

Hook

“Step out the house, step, step out the house” X3

“Step out the house, Stop short...” Hey World.

Verse 1

My Mom and Dad have been having a hard time/
Hard for them to see their son in the state that I am/
I can't imagine, that must be the worst/
Give the gift of life and watch how much it can hurt/ Oh
I told the woman that I love, but don't see now/
This pain's enough to make me not want to conceive a child/
I don't want anyone to feel what I feel how.../
Could I birth another, knowing they'll suffer like me?/ Wow...
I called my grandmother, finally I broke down/
I said I'm floatin' grandma, I got no ground/
Everything I thought I knew, I don't know now/
I need to heal, I need help, I don't know how/
She said “I love you, but listen to yourself awhile/
Just thinking of you, you're bound to drive yourself wild/
All consumed, it's not a healthy route/
Best medicine for you is find some others you can help out”/
Damn...
Her words hit me deep/
I realized I'd been trapped in myself now for weeks/
As she turned to me and offered me a true wisdom pearl:
“You were put here on this earth to help others”
Hey world.

Chorus

Bridge

Come out yourself now, come out your mind/
Come back to health now, come back to life/

Ancestral wisdom, come back remind:
"Heal up, wheel up, bring it back, come rewind"

Come out yourself now, come out your mind/
Come back to health now, come back to life/
No one's an island come back outside:
"Heal up, wheel up, bring it back, come rewind."

Verse 2

I... looked at my grandma and knew that I had been blessed/
But I resisted, I knew this was a real test/
I was holding on to pain like my very breath/
Like if I let go of that there'd be nothing left/
The roughest step is the one into the unknown:
"Step out my house"
But my ego's saying run home/
'Cause if I reach out to others put myself aside/
I'd learn that what I thought was humble is a selfish lie:
"I can't do nothing, I'm messed up inside"/
Only to find my suffering is a space where I hide/
'Cause I'm so terrified to see the gift I can provide/
Turns out being humble is letting your light shine/ 'cause...
The light I'm talking 'bout/
The world needs now/
It's not for me, and it's not meant to be/
Locked in the house/ so...
I got to work, and I did find out/
Help others, heal yourself
Turn it inside out/
Go...

Chorus

Verse 3

So I did finally come out the house/
And saw what my grandma was talking about/
And although the first steps I was walking in doubt/
I took a, leap of faith, rain dancing in a drought/
Reached out to my brother/ Hoping I could help/
Only to discover/ That it brought me closer to myself/
Lent a hand to my sister/ 'Cause she was in need/
Then caught a glimpse of happiness and saw it's bigger than me/

C'mon...

Chorus

Verse 4

My mom and dad have been having a good time/
Happy and retired and their son is doing just fine/
I can't imagine, that must be the best/
Care for someone so much, you worry about yourself less/
I told the woman that I love that we'll meet again/
And when that happens, I would really love to be her friend/
For now just let it mend/ Get our lives together and.../
When the time comes we can rejoice to bring another in/
My grandmother will be happy as hell then/
I hope she lives to one day meet my children/
But either way they'll meet her through wisdom I'll be revealin':
"You were put here on this earth to help others,"
That's healing.

Chorus

Bridge